



## Temporary Closing Notice

On March 17, 2020, Tuxedo Physiotherapy temporarily closed its doors as a measure to do its part in the community to help “flatten the curve” on the COVID 19 pandemic. We will follow the advice of Health Canada and Canadian Physiotherapy Association on when it is safe to open our physical doors.

Please reach out to us via phone (204)885-1109 or email [tuxedophysio@gmail.com](mailto:tuxedophysio@gmail.com) if you have any questions about your exercises, treatment plan or to simply chat. We are checking emails and voice messages daily.

We are pleased to offer [Physio By Video by The Tuxedo Physiotherapy Team!](#) This will allow us to stay connected to assess your mobility, adjust and adapt exercise program, and to provide education and advice on pain management strategies. We are offering a **Free 5 minute Discovery Session** to give you the opportunity to be comfortable with the technology and to ensure the service is the right fit.

Live Webinars Taught by the Therapeutic Team At Tuxedo Physiotherapy start April 7th, 2020. We currently have 3 different webinars available to keep us as active and as pain free as possible!

[Check out our website page on all the webinar offerings.](#)

Stay Strong and Stay Positive!

**Best In Health From the Tuxedo Physiotherapy Therapeutic Team**